

# Emil S. Cheng, M.D.

Utah Spine Medicine, P.C.  
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www.UtahSpineMed.com

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## Education

### *Fellowship*

Chicago Institute of Neurosurgery and Neuroresearch  
Chicago, Illinois

- Spine Medicine and Interventional Physiatry
- July 2002 – June 2003

### *Residency*

Division of Physical Medicine and Rehabilitation  
University of Utah School of Medicine  
Salt Lake City, Utah

- Physical Medicine and Rehabilitation
- Chief Resident, July 2001 – June 2002
- July 1999 – June 2002

### *Internship*

Department of Internal Medicine  
University of Pittsburgh Medical Center  
Pittsburgh, Pennsylvania

- Internal Medicine, Preliminary Year
- July 1998 – June 1999

### *Medical School*

Mount Sinai School of Medicine  
New York, New York

- Doctor of Medicine
- August 1994 – May 1998

### *Undergraduate*

University of Pennsylvania  
Philadelphia, Pennsylvania

- B.S.E. Bioengineering
- Graduated *Cum Laude*
- September 1990 – May 1994

## Experience

### *Physician, President*

Utah Spine Medicine, P.C.

Murray, Utah

- Outpatient, non-surgical spine care, work injury and spine injection procedures
- December 2015 - present

### *Physician, Partner*

New Mexico Orthopaedics Associates

Albuquerque, New Mexico

- Outpatient, non-surgical spine care, work injury, electrodiagnostic evaluation and spine injection procedures
- Independent medical examinations
- October 2004 – November 2015

### *Physician*

Chicago Institute of Neurosurgery and Neuroresearch

Chicago, Illinois

- Outpatient, non-surgical spine care, work injury, electrodiagnostic evaluation, sports team coverage and spine injection procedures
- July 2003 – September 2004

## Certification and Licensure

Utah Medical License	1999 - present
Utah Controlled Substance License	1999 - present
Drug Enforcement Administration License UT	2015 - present
New Mexico Medical License	2004 - 2016
New Mexico Controlled Substance License	2004 - 2016
Drug Enforcement Administration License NM	2002 - 2016
Diplomate, American Board of Physical Medicine and Rehabilitation	2003 - 2023
Diplomate, American Board of Independent Medical Examiners	2010 - 2020
United States Medical Licensing Examination Steps I, II, and III passed	1996, 1997, 1998

## **Professional and Academic Appointments**

Intermountain Medical Center  
Murray, Utah  
2015 - present

Presbyterian Hospital  
Albuquerque, New Mexico  
2004 - 2016

Assistant Professor  
Rush Presbyterian-St. Luke's Medical Center  
Department of Physical Medicine and Rehabilitation  
Conjoint appoint to the Department of Neurological Surgery  
Chicago, Illinois  
2002 – 2004

Neurologic and Orthopedic Institute of Chicago  
Department of Surgery  
Chicago, Illinois  
2002 – 2004

Elmhurst Memorial Hospital  
Department of Physical Medicine and Rehabilitation  
Elmhurst, Illinois  
2003 – 2005

Elmhurst Memorial Center for Health  
Medical Staff  
Elmhurst, Illinois  
2003 – 2005

Saint Joseph Hospital  
Department of Physical Medicine and Rehabilitation  
Chicago, Illinois  
2003 – 2004

Silver Cross Hospital  
Department of Internal Medicine  
Joliet, Illinois  
2003 – 2004

Ingalls Hospital  
Department of Internal Medicine  
Harvey, Illinois  
2003-2004

St. Catherine's Hospital  
Department of Internal Medicine  
East Chicago, Indiana  
2003-2004

## **Professional affiliations**

American Academy of Physical Medicine and Rehabilitation (AAPM&R)  
American Board of Independent Medical Examiners (ABIME)  
North American Spine Society (NASS)  
Spine Intervention Society (SIS)  
American Academy of Pain Medicine (AAPM)  
American Association of Neuromuscular & Electrodagnostic Medicine (AANEM)  
Utah Medical Association

## **Academic Activities**

### *Article Reviewer*

Archives of Physical Medicine and Rehabilitation

### *Assistant Moderator, PASSOR workshops*

AAPM&R Annual Assembly 2003

### *Research Committee member*

Physiatric Association of Spine Sports and Occupational Rehabilitation  
2003-2004

## **Lectures**

### *Lumbar Spine Injections*

Inservice lecture for physical therapy staff  
Hand and Orthopedic Physical Therapy Specialists  
Murray, Utah  
January 2016

### *Spinal Injection Procedures*

Inservice lecture for medical staff  
Zuni Comprehensive Health Center  
Zuni, New Mexico  
July 2015

### *Oh My Achin' Back*

Hospital lunch lecture  
Ingalls Hospital, Harvey, Illinois  
February 2004

Community lecture series  
Silver Cross Hospital, Joliet, Illinois  
November 2003

*Spine Anatomy and Physical Examination*

Inservice lecture for nursing staff  
Silver Cross Hospital, Joliet, Illinois  
October 2003

*Why Does My Arm Hurt?*

Community lecture series  
Silver Cross Hospital, Joliet, Illinois  
September 2003

*Spinal injection procedures*

Inservice lecture for surgical nursing staff  
Elmhurst Memorial Center for Health, Elmhurst, Illinois  
January 2003

*Musculoskeletal anatomy course with cadaver dissection*

Lectured on anatomy and biomechanics and presented cadaver dissections  
PM&R residents of Loyola Medical Center  
Chicago, Illinois  
Fall 2002

*Congenital Limb Deficiencies*

Grand Rounds  
University of Utah Division of PM&R  
June 2002

*Golf Injuries and Rehabilitation*

Grand Rounds  
University of Utah Division of PM&R  
May 2001

*Shoulder Injuries in Wheelchair Athletes*

Grand Rounds  
University of Utah Division of PM&R  
March 2000

## **Poster Presentation**

Mangrum S, Willick SW, Cheng ES, Nicholson A, Tsuruda J. "Magnetic Resonance Imaging of Acute Lumbar Nerve Root Stretch Injury: A Case Report." 38<sup>th</sup> Annual Association of Academic Physiatrists Educational Conference. Las Vegas, Nevada. March 2002.

## **Publications and Research**

Cheng ES, Frank LW. "PASSOR online journal club review: Comparison of short- and long-term outcomes for aggressive spine rehabilitation delivered two versus three times per week." *The Spine Journal*; 2(6): 402-407, 2002.  
<<http://www.aapmr.org/passor/education/review20303.htm>>.

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Mangrum S, Willick SW, Cheng ES, Nicholson A, Tsuruda J. “Magnetic Resonance Imaging of Acute Lumbar Nerve Root Stretch Injury: A Case Report.” Submitted to the *American Journal of PM&R*, September 2002.

Mangrum S, Willick SW, Cheng ES, Tsuruda J. “Magnetic Resonance Imaging of Hemorrhagic Lumbar Paraspinal Muscle: A Case Report.” Submitted to the *American Journal of Neuroradiology*, September 2002.

Frank LW, Cheng ES, Robinson HW, Couri BA: Injection based spinal procedures. In: An Anatomical Approach to Minimal Access Spine Surgery. (Ed.) Fessler RG, Khoo LT, Perez-Cruet MJ. Quality Medical Publishing, Inc.: St. Louis.

## **Sports Medicine Experience**

Team Physician for the Albuquerque Isotopes  
Home game coverage for minor league baseball team  
2005 - 2009

Team Physician for Gordon Technical High School (all sports)  
Sideline physician coverage for all football games  
August 2002 – June 2003

Volunteer, 2002 Winter Paralympic Village Polyclinic  
Salt Lake City, Utah  
February 2002

Volunteer, Park City Ski Resort Injury Clinic  
Park City, Utah  
2000 – 2002

USA Amateur Boxing ringside physician coverage  
Salt Lake City, Utah  
1999 – 2002

Hunter High School football sideline physician coverage  
Salt Lake City, Utah  
1999 – 2001

## **Honors**

Chief Resident, University of Utah Division of PM&R  
July 2001 – June 2002

Aventis PM&R Residents Scholarship Program  
Awarded \$2300 merit scholarship for educational use  
July 2000 – June 2001

Albuquerque The Magazine  
Voted by physician peers as a Top Doc in Albuquerque for Physical Medicine  
March 2015